

## RUN - MALE

### Age : less than 50 years

	Name	Timing
<b>1st</b>	Gwo Fuang Ho	26.13
<b>2nd</b>	Choon Giap Chua	26.47
<b>3rd</b>	Muhammad Irfan Bin Mohammad Shafiq	28.51
<b>Consolation</b>		
	1 Sayodi Che Husin	31.58
	2 Ho Foo Soon	37.48
	3 Maniventhan Nachimuthu	40.24
	4 Shashi Indran Naidu Rama Santharam	43.13
	5 Andrew Lu	44.35

### Age: 50 years and above

	Name	Timing
<b>1st</b>	Tean Tune Tan	29.07
<b>2nd</b>	Philip Ho	29.17
<b>3rd</b>	Eng Leong Goh	32.38
<b>Consolation</b>		
	1 Joshua Daniel	35.58
	2 Ramadass Selvakumar	46.54
	3 Jaswant Singh	79
	4 Ong CL	101